

# 4-H Family & Consumer Science

## 4-H FOOD PROJECT EXHIBITS

Project Check-in/Interviews: **Monday, July 31** – 1:00 – 5:00pm

Superintendents: Brooke Mink & Darci Aubrey

1. All general 4-H rules apply.
2. All food exhibits must be properly labeled with name, project, and division.
3. Record Books must accompany all foods projects and an interview be conducted with Home Ec. Judge.
4. Recipes in project books need not be used—a similar type of recipe may be substituted. Recipe must accompany food. Food exhibits should also state the kind of cookie, fruit bread, etc. being exhibited.
5. All cookies, bars, rolls, and quick breads should be on a 6” paper plate in a zip-lock type bag. Fair board/ Extension System is not responsible for breakable plates.
6. Food exhibits not picked up will be discarded.
7. No commercial mixes may be used in any of the food projects, except where required by project book.

## 4-H CLOTHING PROJECT EXHIBITS

Project Check-in/Interviews: **Monday, July 31** – 1:00 – 5:00pm

Superintendents: Brooke Mink & Darci Aubrey

1. All general 4-H rules apply.
2. All clothing exhibits must be properly labeled with name, project, and division.
3. Record books must accompany all clothing projects and an interview be conducted with Home Ec. Judge.
4. Either sewing machines or sergers may be used to construct clothing projects.
5. All clothing exhibits should be brought in on standard undecorated wire hangers. Plastic coverings are acceptable.
6. Members are encouraged to bring the clothing pattern guide to the interview.

## 4-H MISCELLANEOUS PROJECT EXHIBITS

Project Check-in/Interviews: **Monday, July 31** – 1:00 pm – 5:00 pm

Superintendent: Brooke Mink & Darci Aubrey

1. All general 4-H rules apply.
2. Keep all articles for one project together. Label all parts of the project in case they are separated.
3. All miscellaneous exhibits must be properly labeled with name, project, and division.
4. Record books must accompany all miscellaneous projects and an interview be conducted with Home Ec. Judge.
5. If the miscellaneous project does not specify a type of exhibit then you must enter, as your exhibit, a poster or display of something you have learned.

## 4-H STYLE REVUE

Fashion Show - **Wednesday, August 2**– 6:30 pm

Superintendents: Brooke Mink & Darci Aubrey

1. All general 4-H rules apply.
2. 4-Hers who complete a clothing, knitting, crocheting, and/or Great Shopping Challenge project may participate in the Fashion Revue.
3. 4-Hers may model one outfit in each clothing project area; i.e., Ready, Set, Sew; Favorites.
4. Completed Fashion Revue description and entry form must be turned in to the Home Ec. Superintendent; Monday, July 31, by 5:00pm.
5. Procedures for the Fashion Revue:
  - A. Wednesday, **August 2**, 6:00 pm Check-in with the person in charge.
  - B. Change clothes, and check with person in charge for line up order.
  - C. Following the Fashion revue, you are responsible for returning your outfit to your 4-H club area.
  - D. Clothing exhibits not returned will not receive premium money.

## The Great Shopping Challenge

Goal: Comparative shopping on a budget of \$25 or less!

1. Purchase five items for \$25 or less.
2. Items can be purchased at yard sales, 2nd hand stores, discount or retail stores; wherever you can find a bargain.
3. In lieu of doing a demonstration, the outfit **MUST** be modeled at the Fashion Revue at the fair.
4. Record sheet must be filled out showing the original receipts and a story telling how the outfit was put together. This record sheet will be on display next to the outfit during the fair.
5. Categories will be as follows: Business, Formal, Casual, Sports/Athletic, or Western.
6. Awards are as follows: People’s Choice Award and Best Usage of \$25.